

# How to Get the Most Out of Family Whitewater Rafting Utah

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Whether you're planning for a half-day or multi-day Moab river rafting trip, your family will enjoy the float even more if everyone is fully prepared. Here at Red River Adventures, we want your family to get the most out of your Moab rafting trip with us. Here are some things you should know as your family plans your next float trip with us.

## Get Your Children Ready Ahead of Time

If you want to experience the best rafting in Moab, Utah, be sure to talk to your children ahead of time so that they have the right expectations. This is especially true if your children have never been rafting before. Chances are, they've seen whitewater rafting on a TV show or movie — and they might feel like it's going to be a scary or dangerous experience.

This is why we have age limits on all of our Moab rafting trips, as well as different rafting packages. Our most popular rafting trip is Fisher Towers, which has a few Class III rapids during spring runoff and drops off to Class II later in summer. That tour requires that children are at least five years old and weigh at least 40 pounds. Very family friendly!

For older children, they might be ready for the Westwater Canyon full-day trip, which has some Class III and even Class IV rapids. Kids need to be at least 10 years of age for that tour, or 12 during higher water season.

Those are just a couple of examples. You can check out a lot of the additional trips that we have available on our [Day Trips page](#).

## Preparation is Key!

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Once your raft leaves the shore, it's not entirely impossible to turn around if you forgot something in your vehicle... but it's not easy! It's best to have a checklist prepared of everything you think (or know) you will need during your Moab rafting trip. Snacks, bottled water, sunscreen, a towel, and other items are relatively important, so make sure you have them before your raft takes off!

## Listen to Your Guide

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We're really proud of our guides at Red River Adventures. They're incredibly knowledgeable and highly skilled and trained. We hope that our guides' for whitewater rafting will be instilled in you and your children after taking a trip with us!

And with that being said... listen to your guides. As they prep you for the trip, they will offer important safety advice and tips so that you can have the best and safest trip possible. We hope you'll enjoy the experience so much that you'll come back year after year.

## Choose the Right Adventure for Your Family

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Is your family highly experienced in the outdoors, or is this your first trip? We have a wide variety of tailored adventures to suit every family when it comes to whitewater rafting in Utah. Whether you're ready for a 30-mile, three-day trip down the Dolores River or a gentle Stand-Up Paddle trip for a half-day on the Colorado, we have something for every family's skill level and comfort level.

## Enjoy Yourselfs!

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No matter what level of adventure you choose, prepare to make your Moab rafting adventure one that will create lasting memories for your family!

## Contact Us to Book Your Next Family Adventure

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Red River Adventures has been the premier family Moab river rafting experience since 2003. If your family is ready for their next floating adventure, call us at 877-259-4046 or book your next trip online.